


# 20°

International Congress on  
**ASSERTIVE COMMUNITY  
TREATMENT**  
in **MENTAL HEALTH**

26th, 27th and 28th of June 2024  
San Agustín Hospital. Avilés.

Presencial and virtual format

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## Wednesday June 26

### 3:00 p.m. - 7:00 p.m. PRECONGRESS WORKSHOPS

#### 3:00 p.m. - 4:00 p.m. Workshop 1: Crisis intervention: the suicidal patient

##### **Speakers:**

Dra. Laura Pérez Gómez

Psychiatrist. Mental Health Service, Avilés. Asturias.

Dra. Aitana María González Álvarez

Psychiatrist. Crisis Intervention Team. Mental Health Service. Avilés. Asturias.

Mrs. Isabel Fernández Arias

Nurse. Crisis Intervention Team, Mental Health Service, Area III Avilés, Asturias.

#### 4:00 p.m. - 5:00 p.m. Workshop 2: Dual pathology in the context of ACT teams

##### **Speakers:**

Dr. Gemma Isabel Sannarciso Izquierdo

Physician Specialist in Addictive Behaviours, MHS, Aviles Asturias.

Dr. Rocio Villa Díez

Psychiatrist. Mental Health Service Avilés. Asturias.

#### 5:00 p.m. - 6:00 p.m. Workshop 3: Improving patient safety: Actions against coercion

##### **Speaker:**

Dr. Andrés Fontalva Navas

Psychiatrist. Antequera Hospital. Málaga. Spain

#### 6:00 p.m. - 7:00 p.m. Workshop 4: Ethical Conflicts in ACT teams

##### **Speaker:**

Dr. Juan José Martínez Jambrina

Psychiatrist. Director of the Mental Health Service, Avilés. Asturias.

## Thursday June 27

### 8.10 - 8.40 a.m. Opening

### 8.40 - 10.00 a.m. Table. 1: Nutrition and Mental Health

**Alteration of the gut-brain microbiome axis in people with**

**Severe Mental Illnesses**

**Speaker:**

Dr. Gonzalo Paniagua Calzón

Psychiatrist. Mental Health Service, Oviedo. Asturias.

**Lifestyle psychiatry**

**Speaker:**

Dr. Eva Garnica de Cos

Psychiatrist. Bizkaia Mental Health Service. Basque Country, Spain

### 10:00 - 10:30 a.m. Coffee Break

### 10:30 - 11:45 a.m. Table. 2: Changes are coming...

**Search for differential markers in schizophrenia and bipolar disorder**

**Speaker:**

Prof. Ana María Coto Montes

Director of INEUROPA. Professor of Cellular Biology, University of Oviedo.

**Philosophy of Medicine Based on the doctor-patient relationship**

**Speaker:**

Prof. Luis Martín Arias

Professor of Pharmacology and Director of the CESME (Center for Studies on the Safety of Medicines) of the University of Valladolid.

**Speaker:**

Prof. Antonio Bahamonde Rionda

Artificial Intelligence in Medicine. Professor of Computacional Sciences and AI.  
University of Oviedo, Spain,

**11:45 a.m. - 2:00 p.m. Table. 3: Mental health care in people with intellectual and developmental disabilities**

**Intellectual and developmental disabilities**

**Speakers:**

Dr. Aida Palacín Maresma

Psychiatrist. Institute of Health Assistance. University of Girona Catalonia, Spain.

Mrs. Maria Cristina Almeda

Clinical Psychologist. Institute of Health Assistance. University of Girona, Catalonia, Spain

**Tram Program**

**Speaker:**

Dr. Natalia Álvarez Alvargonzález

Psychiatrist. Mental Health Service. Avilés. Asturias. Spain

**Intervention with adolescents with behavioral disorders at home. De-escalation techniques**

**Speaker:**

Dr. Ana María García Rubio

Psychologist. Multisystemic therapy. Mobile Adolescent Care Team. Montpellier Hospital.  
France.

**2:00 p.m. - 2:45 p.m. Lunch break**

**2:45 p.m. - 3:45 p.m. Oral Abstracts Defense**

**3:45 p.m. - 5:00 p.m. Table. 4: Update on psychopharmacology****Therapeutic innovations for people with Severe Mental Illnesses.****Speaker:**

Dr. Jose María Pelayo Terán

Psychiatrist, Day Hospital. Head of studies and head of Quality and Patient Safety. Bierzo Hospital. GASBI. SACYL. Associate Professor Area of Preventive Medicine and Public Health, Department of Biomedical Sciences. University of León, Spain.

**Psychotropic drugs in persistent affective disorders****Speaker:**

Dr. José Antonio Campos Pérez

Psychiatrist. Álvaro Cunqueiro Hospital. Vigo.

**5:00 p.m. - 6:30 p.m. Table. 5: ACT Teams in Spain: current situation and perspectives****Moderator:**

Dr. Alberto Durán Rivas

Psychiatrist. ACT team. Head of the Psychiatry Service of the Ferrol University Hospital Complex. Coruña.

**Speakers:**

Dr. Alicia M. Viglerio Montero

Psychiatrist. Head of ACT team of the Mental Health Clinical Management Unit, University Hospital of Puerto Real. Cádiz, Spain

Dr. Joaquín Moreno Vela

Psychiatrist. ACT team. Central University Hospital of Asturias. Oviedo. ASGATAC President. Dr.

Iván Ruiz Ibáñez

Psychiatrist. ACT team. Ezkerraldea,

Bilbao, Spain.

Mrs. Maria Roviralta Vilella

Nurse. Functional Recovery and Life Project Unit - Institute of Mental Health of the Hospital del Mar. Barcelona. Spain.

**6:30 p.m. - 8:00 p.m. Workshop. 5: Approach to complex patients at home**

**Speakers:**

Dr. Alberto Durán Rivas

Psychiatrist. ACT team. Head of the Psychiatry Service of the Ferrol University Hospital Complex. Coruna. Spain

Dr. Daniel Núñez Arias

Psychiatrist. Suicide Prevention Program. Ferrol University Hospital Complex.

To Coruña. Mrs. Cristina García Pazos

Nurse. Mental Health Specialist. ACT team. Ferrol University Hospital

Complex. To Coruña. Dr. Iván Ruiz Ibáñez

Psychiatrist. ACT team.

Ezkerraldea. Bilbao. Dr.

Carlos Oliván Roldán

Psychiatrist. Head of ACT team. Health Area III. Murcian Health Service. Murcia.

## Friday June 28

### 8.30 - 10.30 a.m. Table. 6: Shared decision planning

#### **Speakers:**

Dr. José María Villagrán

Psychiatrist. Director of the AGC of Mental Health. Jerez de la Frontera University Hospital, Cádiz, Spain. Member of the Biomedical Research Coordinating Committee of Andalusia.

**Users and family members will participate**

### 10:30 - 11:00 a.m. Coffee Break

### 11:00 a.m. - 1:30 p.m. Table. 7: For a global network of ACT and FACT teams: the case for GACTA, GLOBAL ASSERTIVE COMMUNITY TREATMENT ASSOCIATION

#### **Moderator:**

Dr. Carlos Oliván Roldán

Psychiatrist. Head of ACT team. Murcian Health Service. Murcia.

#### **Speakers:**

Dr. John Maher **ONLINE INTERVENTION**

Psychiatrist. President of

GACTA. Toronto. Canada

.Dr. Nuwan Dissanayaka

Psychiatrist. Assertive Outreach team. Leeds. United

Kingdom. Dr. Samuel Bouloudnine

Psychiatrist and systemic psychotherapist, trainer and consultant. Assistance Publique Hôpital de Marseille | APHM · Pôle Psychiatrique.

Dr. Eulalio Valmisa Gómez de Lara

Psychiatrist. Director of the Mental Health Clinical Management Unit. Puerto Real University Hospital. Cádiz. Spain

Dr. Juan José Martínez Jambrina

Psychiatrist. Director of the Mental Health Service. Avilés. Asturias.

Dr. Ana María Silva Vieira Araujo

Psychiatrist. Director of the Service of the Sobral Cid Hospital Complex. Coimbra, Portugal.

**1:30 p.m. - 3:00 p.m. Free time**

**3:00 p.m. - 4:45 p.m. Table. 8: The person with Severe Mental Disorder and the law**

**Speakers:**

Dr. Alfredo Calcedo Barba

Psychiatrist, Professor of Psychiatry, Complutense University of Madrid. Gregorio Marañón University Hospital. Director of the Master of Legal Psychiatry at the UCM. Spain

Dr. Luis Fernando Barrios Flores

Doctor of Law. State Department of Legal Studies. University of Alicante. Spain.

**4:45 p.m. - 6:15 p.m. Table. 9: The interprofessional team: Promoting synergy between different professional roles to obtain maximum performance in ACT teams:**

**Speakers:**

Mr. Luis López

Director of I CONNECT - Institute for Care Management, Outreach, Networking, Engagement, Connecting, and Training, Center for Practice Innovations, Division of Behavioral Health Services and Policy Research. New York State Psychiatric Institute.

Prof. Helle Thorning

Clinical Professor of Psychiatric Social Work (in Psychiatry). Division of Behavioral Health Services and Policy Research. Columbia University Vagelos College. Physicians and Surgeons. New York.

**6:15 p.m. - 7:00 p.m. Closing and awards ceremony**



## Registration regulations

Registrations can be made directly from the website by completing the registration form in the following link:

<https://www.simtacaviles.com/?seccion=registros&subSeccion=formularioInscripcion>

### Registrations Fees

| Registrations fees options  | Hasta<br>21/05/2024 | Desde<br>22/05/2024 |
|---|---------------------|---------------------|
| <b>Psychiatrists and medical professionals</b>  | 425€                | 490€                |
| <b>Clinical psychologists</b>   | 350€                | 400€                |
| <b>MIR residents</b><br>It is essential to present a residence certificate signed by the guardian o tutor.                                | 350€                | 400€                |
| <b>Nursing and Occupational Therapy</b>   | 200€                | 225€                |
| <b>Rest of professionals and residents virtual registration</b> (It is essential to present a residence certificate signed by the tutor). | 175€                | 200€                |
| <b>Users and Family Members virtual registration</b>  | 15€                 | 20€                 |
| <b>Symposium workshops virtual registration</b>   | 25€                 | 40€                 |
| <b>Psychiatrists and medical professionals virtual registration</b>   | 425€                | 490€                |
| <b>Clinical psychologists virtual registration</b>  | 350€                | 400€                |
| <b>MIR residents virtual registration</b>   | 350€                | 400€                |

21% IVA included

## General conditions

**Attendance note:** patients and family members will be able to attend for free, upon invitation.

**Note:** to register for any workshop, you must be previously registered for the symposium.

### The registration fee includes:

- Symposium documentation.
- Simultaneous translation.
- Access to scientific sessions.
- Coffee breaks.
- Two cocktail-style lunches.

If you require an invoice, please indicate it expressly in the billing field detailing the company/person who invoices, NIF/CIF and postal address.

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